

ALLERGEN GUIDE

	MILK	EGGS	PEANUTS	WHEAT/GLUTEN	SHELLFISH	SOY	TREE NUTS	FISH	VEGETARIAN	VEGAN
PITA BREAD										
White				↙					✓	↙
Wheat				↙					✓	↙
Gluten Free Wrap						✓			✓	↙
BREAKFAST										
Egg Patty	✓	✓							✓	
MEAT PITAS										
Bacon										
Black Forest Ham										
Chicken Breast										
Chicken Souvlaki										
Gyro				↙		✓				
Philly Steak										
Turkey										
Tuna						✓		✓		
VEGGIE PITAS										
Falafel				↙					✓	↙
Spicy Black Bean				↙		✓			✓	↙
TOPPINGS										
Banana Peppers									✓	↙
Carrots									✓	↙
Cilantro									✓	↙
Cucumbers									✓	↙
Green Peppers									✓	↙
Jalapenos									✓	↙
Lettuce, Shredded									✓	↙
Mushrooms									✓	↙
Olives, Black									✓	↙
Onions									✓	↙
Pickles									✓	↙
Pineapple									✓	↙
Roasted Red Peppers									✓	↙
Romaine Lettuce									✓	↙
Salt and Pepper									✓	↙
Spinach, Fresh									✓	↙
Tomatoes									✓	↙
SPREADS										
Avocado									✓	↙
Hummus									✓	↙
Roasted Red Pepper Hummus									✓	↙
CHEESES										
Cheddar	✓								✓	
Feta	✓								✓	
Parmesan	✓								✓	
Provolone	✓								✓	
Pepper Jack Cheese	✓								✓	
SMOOTHIES (not available at all locations)										
Banana Very Berry	✓								✓	
Berry Go Round	✓								✓	
Blu Bayou	✓								✓	
Mango Tango	✓								✓	

	MILK	EGGS	PEANUTS	WHEAT/GLUTEN	SHELLFISH	SOY	TREE NUTS	FISH	VEGETARIAN	VEGAN
SAUCES										
Ancho Chipotle	✓	✓							✓	
Balsamic Vinaigrette									✓	✓
BBQ									✓	✓
Boom Boom Sauce		✓							✓	✓
Caesar	✓	✓						✓		
Frank's Buffalo Sauce									✓	✓
Honey Mustard		✓							✓	
Horseradish Dijon		✓							✓	
Hot Sauce									✓	✓
Jalapeno Ranch	✓	✓							✓	
Mayo (light)		✓							✓	
Pesto	✓								✓	
Ranch	✓	✓							✓	
Secret (spicy vinaigrette)									✓	✓
Sour Cream	✓								✓	
Sriracha									✓	✓
Teriyaki				✓		✓			✓	
Thai Satay				✓		✓			✓	✓
Tzatziki	✓								✓	
Yellow Mustard									✓	✓
SEASONINGS										
Bayou Cajun									✓	✓
Garlic Romano	✓					✓			✓	
Greek									✓	✓
Mojito Lime									✓	✓
Smokehouse Maple									✓	✓
COOKIES (not available at all locations)										
Blueberry Cranberry White Chocolate	✓	✓		✓		✓			✓	
Buttery Sugar	✓	✓		✓					✓	
Butter Toffee	✓	✓		✓					✓	
Carnival M & M Chocolate	✓	✓		✓		✓			✓	
Chocolate Chip Reese's Pieces	✓	✓	✓	✓		✓			✓	
Chocolate Chip	✓	✓		✓		✓			✓	
Double Chocolate Chunk	✓	✓		✓		✓			✓	
Oatmeal Raisin	✓	✓		✓					✓	
Peanut Butter	✓	✓	✓	✓					✓	
Strawberry Shortcake	✓	✓		✓					✓	
White Chocolate Macadamia	✓	✓		✓		✓	✓		✓	
SOUPS (not available at all locations)										
Broccoli Cheese	✓			✓		✓				
Buffalo Chicken	✓			✓		✓				
Chicken & Wild Rice	✓			✓		✓				
Chicken Dumpling	✓	✓		✓		✓				
Chicken Enchilada	✓			✓		✓				
Chicken Noodle		✓		✓		✓				
Chicken Sausage Gumbo	✓	✓		✓		✓		✓		
Chicken Tortilla	✓			✓		✓				
Garden Vegetable				✓		✓			✓	✓
Italian Style Wedding	✓			✓		✓				
Minestrone	✓	✓		✓		✓				
New England Clam	✓			✓	✓	✓		✓		
Tomato Bisque	✓			✓		✓				
Ultimate Baked Potato	✓			✓		✓				
Wisconsin Cheddar	✓			✓		✓				