

ALLERGEN GUIDE

	MILK	EGGS	PEANUTS	WHEAT/GLUTEN	SHELLFISH	SOY	TREE NUTS	FISH	VEGETARIAN	VEGAN
PITA BREAD										
White				↙					✓	↙
Wheat				↙					✓	↙
BREAKFAST										
Egg Patty	✓	✓							✓	
Hashbrowns									✓	↙
MEAT PITAS										
Bacon										
Black Forest Ham										
Chicken Breast										
Chicken Souvlaki										
Gyro				↙		↙				
Philly Steak										
Prime Rib	✓			↙		↙				
Tuna					↙			✓		
Turkey										
VEGGIE PITAS										
Falafel				↙					✓	↙
Spicy Black Bean				↙		↙			✓	↙
TOPPINGS										
Alfalfa Sprouts*									✓	↙
Artichoke Hearts*									✓	↙
Banana Peppers									✓	↙
Black Beans*									✓	↙
Carrots*									✓	↙
Cilantro*									✓	↙
Corn*									✓	↙
Cucumbers									✓	↙
Green Peppers									✓	↙
Jalapenos*									✓	↙
Lettuce, Shredded									✓	↙
Mushrooms									✓	↙
Olives, Black									✓	↙
Onions									✓	↙
Pickles									✓	↙
Pineapple*									✓	↙
Roasted Red Peppers*									✓	↙
Romaine Lettuce									✓	↙
Salt and Pepper									✓	↙
Spinach, Fresh									✓	↙
Tomatoes									✓	↙
SPREADS										
Avocado*									✓	↙
Hummus									✓	↙
Roasted Red Pepper Hummus*									✓	↙
CHEESES										
Cheddar	✓								✓	
Feta	✓								✓	
Parmesan	✓								✓	
Provolone	✓								✓	
Pepper Jack Cheese	✓								✓	
SMOOTHIES (not available at all locations)										
Banana Very Berry	✓								✓	
Berry Go Round	✓								✓	
Blu Bayou	✓								✓	
Mango Tango	✓								✓	

	MILK	EGGS	PEANUTS	WHEAT/GLUTEN	SHELLFISH	SOY	TREE NUTS	FISH	VEGETARIAN	VEGAN
SAUCES										
Ancho Chipotle	✓	✓							✓	
Balsamic Vinaigrette*									✓	✓
BBQ									✓	✓
Boom Boom Sauce*		✓							✓	✓
Buffalo									✓	✓
Caesar	✓	✓						✓		✓
Dijon Mustard*									✓	✓
Honey Lime*		✓							✓	✓
Honey Mustard		✓							✓	✓
Horseradish Dijon		✓							✓	✓
Hot Sauce									✓	✓
Italian (fat free)*									✓	✓
Jalapeno Ranch	✓	✓							✓	✓
Ketchup*									✓	✓
Mayo (light)		✓							✓	✓
Ranch	✓	✓							✓	✓
Raspberry Vinaigrette (fat free)*									✓	✓
Salsa*									✓	✓
Secret (spicy vinaigrette)									✓	✓
Sour Cream*	✓								✓	✓
Sriracha									✓	✓
Sundried Tomato Pesto Vinaigrette*						✓			✓	✓
Teriyaki				✓		✓			✓	✓
Tzatziki	✓								✓	✓
Yellow Mustard									✓	✓
COOKIES (not available at all locations)										
Blueberry Cranberry White Chocolate	✓	✓		✓		✓			✓	
Buttery Sugar	✓	✓		✓					✓	
Butter Toffee	✓	✓		✓					✓	
Carnival M & M Chocolate	✓	✓		✓		✓			✓	
Chocolate Chip Reese's Pieces	✓	✓	✓	✓		✓			✓	
Chocolate Chip	✓	✓		✓		✓			✓	
Double Chocolate Chunk	✓	✓		✓		✓			✓	
Oatmeal Raisin	✓	✓		✓					✓	
Peanut Butter	✓	✓	✓	✓					✓	
Strawberry Shortcake	✓	✓		✓					✓	
White Chocolate Macadamia	✓	✓		✓		✓	✓		✓	
SOUPS (not available at all locations)										
Broccoli Cheese	✓			✓		✓				
Buffalo Chicken	✓			✓		✓				
Chicken & Wild Rice	✓			✓		✓				
Chicken Dumpling	✓	✓		✓		✓				
Chicken Enchilada	✓			✓		✓				
Chicken Noodle		✓		✓		✓				
Chicken Sausage Gumbo	✓	✓		✓		✓		✓		
Chicken Tortilla	✓			✓		✓		✓		
Cuban Black Bean	✓			✓		✓				
Chili Con Carne				✓		✓				
Garden Vegetable				✓		✓			✓	✓
Italian Style Wedding	✓			✓		✓				
Minestrone	✓	✓		✓		✓				
New England Clam	✓			✓		✓		✓		
Potato with Bacon	✓			✓		✓				
Tomato Bisque	✓			✓		✓				
Ultimate Baked Potato	✓			✓		✓				
Wisconsin Cheddar	✓			✓		✓				

*Ingredients are available at participating locations only.